

Parent Café

Summer 2020



**JOIN OTHER PARENTS,
SHARE STORIES,
BUILD A SUPPORT NETWORK,
& GROW FRIENDSHIPS**

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families **PROTECTIVE FACTORS** that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

**RESILIENCE
RELATIONSHIPS
KNOWLEDGE
SUPPORT
COMMUNICATION**

We have a variety of cafés for various schedules and specific needs:

Spanish Café
Orchard Café
Strong Families Café
Villages on Plum Café

Zoom Meeting links will be emailed to those who register for virtual cafés. IT support will be available.

“ I have been blessed with unconditional love at this café! No one judges anything I say about my life. This is my family! ”

-Parent Café Participant

FREE
to attend!

FREE
Children Activities
for in-person cafés

FREE
food as we are able
to provide it!

**For dates and times refer
to the back of this page**

For more info or to register contact:

Kristen Caporelli
970.413.1321

kristen@thematthewshouse.org

Or register using the following link:

<http://tinyurl.com/Parent-Cafes-TMH>

June

M	Tu	W	Th	F
1	2	3	4	5
8	9	10	11	12 V
15	16 V	17	18 V	19
22	23	24	25	26 V
29	30 V			

July

M	Tu	W	Th	F
		1	2 V	3
6	7	8	9	10 V
13	14 V	15	16 V	17
20	21	22	23	24 V
27	28 V	29	30 V	31

August

M	Tu	W	Th	F
3	4	5	6	7 V
10	11 V	12	13 V	14
17	18	19	20	21 V
24	25 V	26	27	28

Key:

Spanish Café - Tues. 12:00-2:00

All Virtual
Facilitated by Alicia

Orchard Café (residents only) - Wed. 5:30-7:30

Orchard Place
197 Elder Dr, Loveland, CO 80538
Facilitated by Kristen

Strong Families Café - Thurs. 6:00-8:00

Peak Community Church
500 Mathews St, Ft Collins, CO
Some Virtual (see calendars)
Facilitated by Ben

Villages on Plum (residents only) - Fri. 5:30-7:30

All Virtual
Facilitated by Kristen



The Mathews House

Growing Stronger Together