

Parent Café

Spring 2020



**JOIN OTHER PARENTS,
SHARE STORIES,
BUILD A SUPPORT NETWORK,
& GROW FRIENDSHIPS**

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families

PROTECTIVE FACTORS

that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

**RESILIENCE
RELATIONSHIPS
KNOWLEDGE
SUPPORT
COMMUNICATION**

We have a variety of cafés for various schedules and specific needs:

Spanish Café
Orchard Café
Wellington Café
Strong Families Café
Villages on Plum Café
Parents of Tykes Café

“ I have been blessed with unconditional love at this café! No one judges anything I say about my life. This is my family! ”

-Parent Café Participant

FREE
to attend!
FREE
hot, nutritious meals!
FREE
Children Activities!

For dates and times refer to the back of this page

For more info or to register contact:

Kristen Caporelli
970.413.1321

kristen@thematthewshouse.org

Or register using the following link:

<http://tinyurl.com/Parent-Cafes-TMH>

January

Tu	W	Th	F	Sa
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

February

Tu	W	Th	F	Sa
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

March

Tu	W	Th	F	Sa
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

April

Tu	W	Th	F	Sa
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

May

Tu	W	Th	F	Sa
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

Key:

Spanish Café - Tues. 12:00-2:00

GPNextdoor - 400 S Link Ln, Ft Collins, CO 80524

Orchard Café (residents only) - Wed. 5:30-7:30

Orchard Place - 197 Elder Dr, Loveland, CO 80538

Wellington Café - Thurs. 6:00-8:00

Boys & Girls Club - 8445 3rd St Wellington, CO 80549

Strong Families Café - Thurs. 6:00-8:00

Peak Community Church - 500 Mathews St, Ft Collins, CO

Villages on Plum (residents only) - Fri. 5:30-7:30

Plum Clubhouse - 927 Glenmoor Dr, Ft Collins, CO 80521

Parents of Tykes Café - Sat. 3:30-5:30

Peak Community Church - 500 Mathews St, Ft Collins, CO